

Join Us for the

THE FRED SAREMI MEMORIAL

FCS FOUNDATION

VIRTUAL 5K

JUNE 11, 2026

- The Virtual 5K can be completed anywhere you choose; it just needs to be a continuous 3.1 miles!
- Record your 5K with any tracking app or watch (Fitbit, Garmin, Apple Watch, Map My Run, Strava, etc.).
- Submit a snapshot of your time with a selfie or group picture to editor@livingwithfcs.org for your chance to win a prize!

RACE FEE: \$25/adult | \$15/child | \$75/family bundle

REGISTER NOW



A generous thank you to the following for the continued support and collaboration in helping those living with FCS:



The FCS Foundation's mission is to establish a global support network to promote advocacy and education for patients and caregivers living with familial chylomicronemia syndrome (FCS). The FCS Foundation provides patients, caregivers, and health-care providers the opportunity to identify and support best treatments, disseminate meaningful lifestyle management tools, and develop more accurate diagnostic systems for individuals. For more information on FCS please visit <https://livingwithfcs.org/>