



Community Connections: Together to Talk, Listen, and Share

Guided by Al Freedman, PhD

Wednesday, May 13, 2026 | 6:00pm - 7:30pm ET

Community Connections is a welcoming, bi-monthly virtual gathering for individuals living with FCS and their caregivers. Guided by rare disease psychologist Dr. Al Freedman, these 90-minute sessions provide a supportive space to connect with others who understand the experience of living with FCS. Dr. Al brings both personal and professional experience to our community, having cared for a son affected by a rare disease for over 25 years.

Each session is designed as a shared conversation, offering an opportunity to talk openly, listen, and learn from one another in a supportive and confidential environment. Whether you choose to share or simply listen, you are welcome to join a community built on understanding, connection, and knowledge, connection, and support.



Al Freedman, PhD

Psychologist, Consultant,
Keynote Speaker & Father
Freedman Counseling Associates

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